# **Play Therapy Skills**

## By Dr. Suzi Kagan

### Founder and Director of the Israeli Association for Play Therapy

#### Background

#### Target Audience Preschool and

Elementary School:

- Teachers
- Assistants
- Counselors

Course Leader

Dr. Suzi Kagan

**Date/Time** Mar 31 - Apr 1, 2015 9 am - 3pm

Venue Exact Venue to be confirmed Bangkok, Thailand Play is universal and natural activity of childhood. Between the ages 2-11 most children use play in a symbolic way to deal with their direct and indirect experiences. By using play children may be able to organize their lives and practice some control over their everyday issues.

In the USA and Europe, play therapy has been applied as part of responsive services within comprehensive, developmental elementary and school counseling programs to facilitate self-esteem, increase self-efficacy, and decrease maladaptive behaviors to remove barriers for

success in social and emotional spheres.

#### **Workshop Aim**

This 2 days course will offer training to preschool and elementary school teachers, to elementary school counselors, to classroom assistants, and others working with children in expanding their knowledge and skill in non-directive play therapy.

#### Methodology

Participants' learning will be facilitated through a didactic presentation, interactive discussions, and some role playing.



#### **Course Leader**

**Dr.Suzi Kagan**, is the Founder and Director of the Israeli Association for Play Therapy. She is a Licensed Professional Counselor (LPC), a National Certified Counselor (NCC), Child's Life Specialist (CLS) and a Registered Play Therapist Supervisor (RPT -S). In addition to the above she is currently an instructor and coordinator of Play Therapy at Bar-Ilan University, Israel.

#### **Topics Covered/Skills Acquired**

Topics	Methodology used to cover the topic	Skills participants will acquire
Play Therapy skills	Using Toys	Basic Play Therapy skills that may apply to a class setting

How to build a therapeutic play room in a school setting	Pictures	Knowledge of how to choose the right toys for their classroom and how to create a therapeutic environment in elementary schools and preschools
Listening skills that encourage children to talk and share	Role Play	Reflective Listening
Developing a non-evaluative, warm therapeutic relationship	Power Point Presentation	What words to use in an emotional crisis with children in school setting
How to communicate with children effectively through play	Role Play	Basic knowledge in "the language of play"
Limit setting and choice giving	Role Play	Limit setting
How to increase child's self- esteem through play	Power Point Presentation	Empowering skills
See the world through children's eyes	Power Point Presentation	Understanding the child's point of view in various situations.

Workshop Fee (Per Participant) Early Bird : Baht 14,800/USD 463 (Register by January 15, 2015) Regular: Baht 16,800/USD 525 (Register by February 19, 2015)